

Our ref: HD/ED

26 February 2024

Dear Parents/Carers

During this term the children's Design and Technology lessons will be based on the topic of food technology. They will begin their learning by looking at where food comes from and how food is grown. At the end of the topic, they will use their skills learnt to make a savoury tart. As a result of the topic being based around food, we must initially gain permission for your child to be able to participate in the following lessons:

Grating and chopping – this will involve your child practicing how to grate carrots and chop strawberries.

Evaluating flavours- the children will get the opportunity to try some food to gain an insight into its flavour, in order to be able to select likes and dislikes. This lesson will involve tasting cabbage, spinach, tomato puree, cheese, spring onions and radishes.

Final Piece- this lesson will involve the children creating their savoury tart, which will include the ingredients they have selected from the previous lesson, shortcrust pastry and egg.

Ingredients

- Shortcrust pastry- Fortified **Wheat** Flour [**Wheat** Flour, Calcium Carbonate, Iron, Niacin (B3),Thiamin (B1)], Palm Oil, Rapeseed Oil
- Strawberries
- Carrots
- Cabbage
- Spinach
- Tomato puree
- Cheese
- Spring onions
- Radishes
- Egg

We kindly request your cooperation in completing the Microsoft Forms Food Tasting Consent Form to help us gather information about your child's allergies or dietary restrictions. Please fill out the form carefully, indicating any specific foods or ingredients your child must avoid. You must complete the form to ensure that your child is able to participate. The form must be completed by **Wednesday 6 March 2024**, this form must be completed for your child to participate in any lesson involving food. <https://forms.office.com/e/tCLJgrQz00> .

If you encounter any difficulties in completing the form, please do not hesitate to reach out to the school office for assistance or your child's teacher.

Your continued support is greatly appreciated, and we cannot wait to see how our savoury tarts turn out.

Yours faithfully

Miss Davies
Year 3 Teacher

