



Maltby Manor Academy

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21 February 2023

Dear Parent/Carer

This half-term Year 5 will be completing a series of lessons around puberty and menstruation. They will be accessing age-appropriate lessons as part of their Health Education, and we feel this will be helpful for both our male and female pupils especially as some girls are starting menstruation younger in recent years.

Because of the nature of this work, I am contacting you to ensure that you are aware as parents and carers that these lessons will be taking place. A newsletter will shortly follow with additional details on what we may also cover such as general changes during puberty.

If you have any questions or concerns, please feel free to discuss these with myself or your child's class teacher.

Thank you for your continued support.

Yours faithfully

Mr Farmer and Miss Doyle
Year 5 Teachers

