



**Maltby Manor Academy**

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Dear Parents/Carers

We are writing to inform you about some upcoming lessons in Year 4 that link with our science topic on 'Animals Including Humans' and our PSHE focus on being hygienic.

In the next few weeks, we will be completing lessons that cover how our bodies change during puberty and how to manage periods. We understand that some children are starting their periods earlier, and we want to make sure all children are prepared and know what to expect. We will also show them where to find resources in school if they need them.

These lessons are part of our science curriculum, so it's important for all children to take part. If you have any concerns or questions about the lessons, please feel free to contact either Mr Hodgetts or Mrs Hughes who will provide an opportunity to discuss the content with you in more detail.

Thank you for your continued support and engagement with your child's learning.

Yours faithfully

Mr Hodgetts and Mrs Hughes

**Year 4 Teachers**

