



**Maltby Manor Academy**

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Our Ref: CWi/CCr

11 September 2025

Dear Parent/Carer

This half-term, as part of our Design and Technology curriculum, children in Year 6 will be focusing on food and cooking skills. They'll be preparing and cooking a variety of recipes, learning techniques, exploring ingredients, and understanding the importance of healthy eating.

Recipes include:

**Burritos:** 2 tortillas, 1 tomato, 3 tbsp beans (haricot, kidney, cannellini, or pinto), 20g cheese, squeeze of lime, and other salad vegetables

**Pitta Bread and Hummus:** 400g strong bread flour, 2 tsp olive oil, 1 tsp salt, 1 packet or 7g dried yeast, 150g warm water, ½ tin chickpeas, 1 tbsp tahini, 3 tbsp olive oil, squeeze of lemon, 1 clove garlic

**Samosas:** ½ a potato, 50g peas, a handful of spinach, Indian spices, 6 sheets of filo pastry, olive oil

To ensure a safe and enjoyable experience, please complete the Food Tasting Consent Form by clicking on the following link: <https://forms.office.com/e/2KWHTuwnMu>

This will help us to be aware of any allergies or dietary restrictions. The form must be submitted by 18 September so we can make the necessary accommodations.

Thank you for your cooperation in making this a successful and safe experience for all. Your child's safety is our utmost priority, and we will make every effort to accommodate their needs. If your child has severe allergies that require an EpiPen or any other specific precautions, please provide those details on the form. Rest assured that we will take all necessary precautions to prevent cross-contamination and ensure a safe environment.

We appreciate your cooperation in making this event a success and a safe experience for all children. Thank you for your continued support.

Yours Faithfully

A handwritten signature in black ink that reads 'C. Wilby'.

Mrs C Wilby  
Vice Principal

