



Maltby Manor Academy

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Our Ref: CWi/RSm

7 January 2026

Dear Parent/Carer

This year, as part of our Design and Technology curriculum, your child will be focusing on food and cooking skills. They'll be preparing and cooking a variety of recipes, learning techniques, exploring ingredients, and understanding the importance of healthy eating.

Recipes include:

Root vegetable rosti: Potato, carrot, celeriac, sweet potato, root vegetables.

Mexican pasties: butter, vegetarian block, plain flour, tinned sweetcorn, tinned chickpeas, tomato, cheese, any other suitable vegetables.

Chickpea curry: onion, clove garlic, ginger, chopped tomatoes, tinned chickpeas, green beans, tomato puree, garam masala, cumin, coriander, turmeric, chilli powder, cumin seeds.

To ensure a safe and enjoyable experience, please complete the Food Tasting Consent Form [Y4 Food Tasting - 2026 – Fill in form](#). This will help us to be aware of any allergies or dietary restrictions. The form must be submitted by Friday 16 January so we can make the necessary accommodations.

Thank you for your cooperation in making this a successful and safe experience for all. Your child's safety is our utmost priority, and we will make every effort to accommodate their needs. If your child has severe allergies that require an EpiPen or any other specific precautions, please provide those details on the form. Rest assured that we will take all necessary precautions to prevent cross-contamination and ensure a safe environment.

Thank you for your continued support,

Yours Faithfully

A handwritten signature in black ink that reads 'C. Wilby'.

Mrs C Wilby
Vice Principal

