



Maltby Manor Academy

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Our Ref: CWi/RSm

7 January 2026

Dear Parent/Carer

This year, as part of our Design and Technology curriculum, your child will be focusing on food and cooking skills. They'll be preparing and cooking a variety of recipes, learning techniques, exploring ingredients, and understanding the importance of healthy eating.

Recipes include:

Summer rolls: Rice noodles, Vietnamese rice paper wrappers, rice wine vinegar, lime, caster sugar, fish or soy sauce, selection of salad vegetables, fresh coriander and mint, vegetable oil.

Stir Fry: Egg or rice noodles, selection of stir-fry vegetables, soy sauce, lime, honey, vegetable oil.

Bombay Potatoes: potato, spinach, cumin seeds, mustard seeds, garam masala, turmeric, ground cumin, ground coriander, coriander, olive oil, natural yoghurt, tomato.

To ensure a safe and enjoyable experience, please complete the Food Tasting Consent Form [Y5 Food Tasting 2026 – Fill in form](#). This will help us to be aware of any allergies or dietary restrictions. The form must be submitted by Friday 16 January so we can make the necessary accommodations.

Your child's safety is our utmost priority, and we will make every effort to accommodate their needs. If your child has severe allergies that require an EpiPen or any other specific precautions, please provide those details on the form. Rest assured that we will take all necessary precautions to prevent cross-contamination and ensure a safe environment.

We appreciate your cooperation in making this event a success and a safe experience for all children.

Thank you for your continued support,

Yours Faithfully

A handwritten signature in black ink that reads 'C. Wilby'.

Mrs C Wilby
Vice Principal

