

Our Ref: CWi/CCr

15 September 2026

Dear Parent/Carer

This school year, as part of our Design and Technology curriculum, children in Year 4 will be focusing on food and cooking skills. They'll be preparing and cooking a variety of recipes, learning techniques, exploring ingredients, and understanding the importance of healthy eating. Ingredients used will be as follows:

- Self-raising flour, Baking powder, Mixed herbs, Milk, Egg, Oil, Courgette, Cheese, Sweetcorn
- Seasonal fruit suitable for salads (e.g. strawberries, blueberries, grapes, apple, melon)
- Seasonal vegetables (e.g. tomatoes, cucumber, peppers, courgette, sweetcorn)
- A leftover ingredient (e.g. rice, pasta, beans, or cheese)

To ensure a safe and enjoyable experience, please complete the Food Tasting Consent Form by clicking on the following link: [2027-Y4 Food Tasting – Fill in form](#)

This will help us to be aware of any allergies or dietary restrictions. The form must be submitted by 30 September so we can make the necessary accommodations.

Your child's safety is our utmost priority, and we will make every effort to accommodate their needs. If your child has severe allergies that require an EpiPen or any other specific precautions, please provide those details on the form. Rest assured that we will take all necessary precautions to prevent cross-contamination and ensure a safe environment.

We appreciate your cooperation in making this event a success and a safe experience for all children.

Thank you for your continued support.

Yours Faithfully



Mrs C Wilby
Vice Principal