

# Y6 PSHE NEWSLETTER

Welcome to the Y6 Spring 1 edition of the PSHE newsletter. You will find lots of information about your child's learning.

In PSHE this half term we will be learning about: **Growing Up and Responsibilities.**

I know how to face new challenges positively.



I know how to take responsibility for myself.

*Responsibilities*  
are things we take charge of or look after.



I know what it means to be healthy.



I can say what constitutes as a healthy diet.